

## Dietitian II Eating Disorders

Etablissement/Institution:

**Providence Health Care Vancouver, Canada / Vancouver**

Discipline:

**Génétique**

Type d'emploi:

**Temps-plein**

Date de publication:

**2023-05-07**

Personne à contacter:

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### Dietitian II Eating Disorders

#### **Job Description**

##### **Summary**

Reporting to the Professional Practice Leader, Clinical Nutrition, utilizes relevant experience and advanced skills to design, implement, evaluate and document the appropriate patient/resident nutritional care plan for patients with eating disorders. Participates in the development of clinical nutrition practice guidelines and procedures and acts as a resource person for other dietitians and health care professionals for the dietary management of eating disorders at PHC. Participates in educational programs and practice-based research projects through identification, preparation and presentation of programs, activities and materials in collaboration with the health care team.

#### **Qualifications / Skills and Education**

##### **Education**

Bachelor degree in Food and Nutrition or Dietetics, supplemented by additional education or training in a pertinent area such as counseling psychology or advanced clinical services relating to Eating Disorders, plus successful completion of a Dietetic Internship from a Dietitians of Canada accredited program. Two (2) years' recent experience working with patients in a medical/acute care setting including experience in the eating disorders area. Current registration in the College of Dietitians of British Columbia (BC).

##### **Skills and Abilities**

- Knowledge of advanced clinical skills in the eating disorders area and demonstrated ability to apply advanced skills to practice.
- Demonstrated ability to provide leadership.
- Demonstrated ability to communicate with, and to deal effectively with, patients, families, staff, physicians, and other health care providers.
- Demonstrated ability to work independently and in collaboration with others, including the interdisciplinary team.
- Ability to participate in research activities.
- Ability to plan and provide guidance to students.

- Demonstrated ability to develop and provide in-services and presentations to colleagues and other health professionals.
- Knowledge of legislation and government policies and procedures related to healthcare.
- Physical ability to carry out the duties of the position.
- Ability to operate related equipment.

### **Duties and Responsibilities**

- Using advanced skills, provides comprehensive nutritional assessments for patients with eating disorders; performs physical assessment of weight and total body fat percentage using skin fold calipers; designs, implements, evaluates, and documents an appropriate nutritional care plan; liaises with food service staff regarding patient food services related concerns.
- Instructs and/or counsels patients and family members in nutritional issues. Monitors menus to minimize dysfunctional eating behaviours and challenges patients with new practices to achieve normalization of eating and body fat restoration.
- Co-facilitates goal setting, goal review groups, and other process groups for eating disorder patients as required. Participates in the planning and preparing of meals as part of group therapy and skill development. Provides meal support.
- Determines, refers and/or liaises with community based nutritional resources as required to ensure that patient care issues are addressed. Provides home or community visits with patients as per individualized nutritional care plan.
- Completes required patient documentation, forms and reports and documents workload statistics.
- Acts as a resource person for other dietitians and health care professionals at PHC for the nutritional management of patients with eating disorders.
- Participates in program planning that focus on both the operational and clinical objectives of the program.
- Maintains knowledge of current developments in clinical nutrition by reviewing professional literature, consulting with other professionals and actively participating in relevant educational programs.
- Participates in quality improvement activities by initiating, planning, developing and evaluating quality improvement activities/nutrition interventions/programs including audit tools, written procedures, standards and clinical guidelines for Clinical Nutrition Services and relevant clinical programs.
- Supports clinical research activities within departmental resources, by identifying areas of research, assessing current research relevant to eating disorders, generating questions and participating in writing proposals, collecting and interpreting data.
- Identifies nutrition related patient educational needs for the eating disorders area; initiates, prepares and presents educational programs and materials in collaboration with departmental, program and other team members.
- Plays an active role in the practicum planning for students and dietetic interns by identifying learning objectives and enabling activities, and providing clinical education and supervision of students in the eating disorders area.
- Contributes to an interdisciplinary approach to patient care and program related issues by attending ward rounds and team conferences to exchange information related to patient care and discharge planning.
- Monitors and controls levels of supplies and equipment. Reports equipment malfunctions and arranges for equipment maintenance.
- Performs other related duties as assigned.

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