

THERAPIST

Etablissement/Institution:

Women's College Hospital, Canada / Toronto

Discipline:

Génétique

Type d'emploi:

Temps-plein

Date de publication:

2023-05-07

Personne à contacter:

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THERAPIST - TRAUMA THERAPY

Job Number:J0523-0208

Department:Trauma Therapy

Number of Positions:1

Salary:\$41.92 - \$51.53/Hour

Employee Group:Health Discipline

Hours of Work:3 days per week

Women's College Hospital (WCH) is an academic, ambulatory care hospital in Ontario with a focus on health for women, health equity and health system solutions. If you're ready to be part of a team that is revolutionizing the future of healthcare, then you will want to join an institution where the possibilities for innovation, new discovery and system thinking are limitless. Women's College Hospital is committed to equity, quality and patient safety as key professional values and essential components of daily practice.

With the mobilization of our 2018-2022 Strategic Plan, WCH has entered an exciting phase of its history – strengthening its bond with partners and introducing a new and inspiring vision: Healthcare revolutionized for a healthier and more equitable world.

Job Description

Summary of duties, but not limited to:

Patient Assessment:

- Conducts comprehensive mental health assessments with an awareness of and comfort level in assessing patients who present with suicidality, self-harm, or who pose other safety risks.
- Consolidates assessment findings and determines the suitability for appropriate resources.
- Consults with team members and participates in team discussion regarding assessment and treatment, when required.

Care Planning:

- Develops an intervention plan in collaboration with patients, families, significant others and the interdisciplinary team, based on identified needs.
- Documents intervention plan according to specific hospital and professional standards.

Interventions:

- Provides individual, couples and group therapy/treatment using the principles of women's centered health care and draws upon recognized psychotherapy models including trauma-informed therapy, cognitive behavioural therapy, relational group therapy, interpersonal psychotherapy, body orientated therapy, mindfulness-based therapy, and crisis management.
- Consults and collaborates with multidisciplinary team members, as required.

Team and Program Development and Quality Improvement:

Monitors wait list and determine group requirements

- Participate in the TTP intake process
- Participates in program development, student education and research as required in a fully affiliated academic setting within the University of Toronto.
- Participates in personal professional development.
- Contributes to the development, implementation and continuous improvement of processes and systems required for quality patient care in a mental health setting

Education, Professional Development, and Research:

- Provides in-service education internally and to our community partners
- Supervises nursing and other health disciplines students
- Participates in professional development as it relates to trauma therapy
- Participates in research initiatives

As a role model and champion you will work to identify and integrate safe, best practices into daily activities to foster the delivery of safe and exemplary care.

The responsibilities described above are representative and are not to be construed as all-inclusive.

Qualifications

- Current registration in good standing with a regulated professional college (Social Worker, Psychotherapist or Occupational Therapist)
- Master degree in a mental-health related discipline
- Three years of clinical mental health experience required, preferably in a hospital setting
- Knowledge of appropriate community resources related to this patient population
- Demonstrated experience with a variety of psychotherapies including trauma-informed therapy, cognitive behavioural therapy, relational group therapy, interpersonal psychotherapy, body orientated therapy mindfulness-based therapy, and crisis management for both individual and group therapy
- Experience in the treatment of trauma-based mental health issues
- Skilled in assessing issues related to childhood trauma
- Ability to facilitate relational groups
- Ability to and experience in participating in peer supervision
- Ability to work independently and manage complex and high-acuity mental health patients
- Excellent time management skills
- Proficient in Microsoft Office
- Exceptional written/verbal communication skills
- Professional behavior and communication that meets the standards of the professional regulatory college or association, as applicable, and the standards of Women's College Hospital.
- This position plays a critical role in acting as an advocate for safety and will demonstrate principles, practices and processes that will optimize a safe environment for all.

Closing Statement

Women's College Hospital is a fully affiliated teaching hospital of the University of Toronto and is committed to fairness and equity in employment and our recruitment and selection practices. We encourage applications from Indigenous peoples, people with disabilities, members of sexual minority groups, members of racialized groups, women and any others who may contribute to the further diversification of our Hospital community. Accommodation will be provided in all parts of the hiring process as required under our Access for People with Disabilities policy. Applicants need to make their requirements known in advance.

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